

## **FIRST AID TRAINING FOR PARENTS/CARERS**

9<sup>th</sup> JULY FEVERS & VIRAL ILLNESSES (coughs and colds)

**16<sup>th</sup> JULY** DIARRHOEA & VOMITING (tummy bugs)

**23<sup>rd</sup> JULY** REFLUX & CONSTIPATION (feeding issues)

**30<sup>th</sup> JULY** RASHES (meningitis / chickenpox / nappy rash)

## 2:00pm-2:30pm

Upstairs waiting room with Alexandra, our Advanced Nurse Practitioner with extensive paediatric experience.

TO BOOK any session, please speak to reception or book online. Places limited to 12, on first-come first-served basis. Reserve list will be available. Please cancel in advance if not needed, so others can come in your place.